



## Duke Orthopaedics: Upper Extremity Division

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3609 SW Durham Dr, Durham, NC 27707

### General Surgery Information

- No eating or drinking after midnight the night before your surgery
- Please take all normal daily medications as instructed by your pre-operative anesthesia appointment or phone screen.
- If you smoke, you should stop or cut down to reduce your surgery risks and improve your recovery.
- Please discontinue the use of all blood thinners 7 days prior to your surgery date. These include:
  - NSAIDs (Ibuprofen, Advil, Motrin, Naproxen, Aleve)
  - Aspirin
  - Supplements: Fish Oils, Ginseng, Garlic, Ginko Biloba
  - Coumadin, Warfarin, Heparin, Plavix, Lovenox, Xarelto, Eliquis, Pradaxa
- You will receive a phone call from the hospital or surgery center the day before your surgery with the time of your procedure and what time you should arrive at the hospital. If you haven't heard from the hospital or surgery center by 4pm, please call the number listed for the location your surgery will take place at.
  - Your arrival time could be as early as 5:00 AM for a 7:00 AM surgery
- Please make sure you have someone drive you home after your surgery. For an outpatient surgery, the hospital requires you to have at least 1 individual present during the ENTIRE length of the procedure.
- Arrange for someone to help with everyday tasks like cooking, shopping and laundry during the initial post-operative phase of recovery

Davis Ambulatory Surgical Center  
120 E. Carver St  
Durham, NC 27704  
919-470-1000

Duke Regional Hospital  
3643 N Roxboro St.  
Durham, NC 27704  
919-470-4000

Duke North  
2301 Erwin Rd.  
Durham, NC 27710  
919-684-8111

#### **Important Numbers:**

Josh (medical assistant): 919-403-3057

Medical questions and refill requests

Surgical Coordinator: 919-403-5162

Changing/cancelling surgery date, approximate cost of surgery

Phone hub: 919-471-9622 (option 1)

Requesting and changing clinic appointments

Radiology: 919-643-4514

Requesting imaging copy

Medical Records: 888-252-4146

Requesting copy of medical records